

The Machao Orphanage Foundation

N E W S L E T T E R

THE MOST POWERFUL WEAPON ON EARTH IS THE HUMAN SOUL ON FIRE -- FERDINAND FOCH

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Phase III Power to the Children Campaign

ELECTRICITY AND HEALTH

Energy is a basic necessity for human activity and economic and social development. Yet global strategies for how to meet this basic need for the world's rapidly growing population are sorely lacking. Lack of energy services is directly correlated with key elements of poverty, including low education levels, restriction of opportunity to subsistence activity, and conflict.

After a long flight, we made it to Nairobi and were greeted by all of the children of MACHAO at the airport - how wondrous is that! Two and half hours later, we made it to Makueni around 12:15 am. On Wednesday, we spent the day with the children; first having lunch and then distributing all of the thoughtful gifts: pillowcase dresses by Westridge School for Girls 6th grade class; Dolls of Hope provided by Cynthia Davis at Charles Drew University; a bible for each child with each of their names; more pillow case dresses by Ms. Petruso; soccer balls and pump from Dr. Callaghan; DVD's, pens, pencils, clothes and shoes, and the list goes on. Later that evening, we had the lighting ceremony which was brilliant! The children sang and their voices rang loud and crystal clear. I know, without a doubt, their voices reached heaven. The children of MACHAO are truly experiencing our Lord's mercy and compassion.

Asante (Thank You!) and please know that your prayers and donations have made a difference in a child's life. Please continue to spread the word about The Machao Orphanage Foundation and our ability to care for our (your) children.

Important Information

We are a non-profit, 501c3 organization. Our parent name is Cayenne Wellness Center and Children's Foundation. If your organization would like to add The Machao Orphanage Foundation to their charitable list, please contact us at 818.377.5120 or via email at: info@machaoorphanage.org for more information.

Ways to help ...

- **Fund the Agricultural Sustainability Project.** Write a cheque or money order to **The Machao Orphanage Foundation**. Mail cheque or money order to: The Machao Orphanage Foundation • P.O. Box 3856 • Glendale, CA 91221 • USA. In the memo field, please write 'Food'.
- **Pray** for the children, the matron and Pastor David who help take care of the children in the orphanage.
- **Become an educational sponsor.** Though Kenyan law was passed in the year 2000 that elementary education will be free and accessible, the orphan children will not be able to continue their schooling if there are no supporters. We are seeking individuals interested in sponsoring one child with his/her education through term 4 (US equivalent = 12th grade). Cost is \$1,200.00 US Dollars a year. For more information on how to sponsor a child's education, please feel free to contact us via email at: info@machaoorphanage.org

Letter from the Founder and President

Dear Friends,

Another year, remarkably, has come and gone. The children and I are ever so thankful for your continued commitment to keep the children at the forefront of your thoughts and prayers. To recap the year of 2011, our focus and energy was spent primarily on raising funds for the orphans to have illumination. What a sight it was to behold when Dr. Mutunga pointed out, as we headed into Makueni from our 2.5 hour bus ride from the Nairobi airport, that the lights shining atop the mountain were from the Machao Orphanage. Great is God's faithfulness.



*A giraffe kissing Dr. Rowley! Hey, their tongues are anti-septic.
Giraffe Center, Nairobi, KENYA*

In addition to the lighting ceremony, much of the time at MACHAO was spent preparing for next year's Phase IV - Agricultural Sustainability campaign. There's a lot that has to be done to prepare the site for sustainability. Namely, narrowing down our goals, preparing the soil and getting pricing. As of September 2011 we launched Phase IV, otherwise known as "Give a Man a Fish and He Eats for a Day, Teach Him How to Fish and He Eats Forever" project or the FOOD campaign for short. Both the website and **Pages 5 and 6** of this newsletter point out the details of the FOOD campaign. Donations are needed by the end of May 2012 so that materials can be purchased prior to our arrival in July 2012 for construction and planting.

The Machao Orphanage Foundation relies heavily upon volunteers, schools, and other organizations that donate manpower, items and funding. Several organizations and donors participated in this endeavor during 2011: Westridge School for Girls' 6th grade class selected The Machao Orphanage Foundation for their Service Learning Project; Cynthia Davis' Doll of Hope project came through with donations for another year with absolutely beautiful handmade dolls for each of the children at MACHAO; and, one by one, we saw supporters of the Machao Orphanage Foundation mail and personally deliver art supplies, DVDs, and portable DVD players to our office. These generous souls supplied kindness and fun to the waiting hearts of MACHAO. Read more with photos on **Page 7**.

Our Long Term/Short Term Missions spotlight is on Amari Gaiter and Zoe Mobley, our Junior Ambassadors for Machao Orphanage. Both accompanied me this past August 2011 to MACHAO. Read their story on **Page 4**.



Beauty!

I would like to strongly encourage you to consider making a donation to MACHAO's Sustainable FOOD project. Through your donations, the children will soon be able to eat nutritious meals which will include eggs (a protein source) from the chickens purchased, green veggies (a calcium source), orange veggies (a source of vitamin A necessary for vision), and fruits like mangos (a source of vitamin C) from the seeds planted in the greenhouse.

We are grateful for your continued interest in supporting our work and for your kind generosity that makes it possible. *On behalf of the children, we thank you for your generosity. It is greatly appreciated. Asante!*

Peace and blessings

Dr. Carolyn Rowley,
Founder and Executive Director



Sponsor A Child Become a Love-A-Child Supporter

Contact us via email or phone to request a DVD of all the children remaining to be sponsored. Once you have decided upon a child to adopt, we will bring you annual updates with pictures and letters from your child.

Sponsoring a child is \$1,200 a year, every year till they graduate from Form 4 or Grade 12. Become the difference in a child's life and be the Power of One.

818.377.5120 • info@machaoorphanage.org

PLEASE HELP

There are now **40 children** at the orphanage and only two are being sponsored. We desperately need your help. The cost is \$1,200.00 per year until your child graduates from Form 4 (US Equivalent = Grade 12). Do you have twelve friends who are each willing to give \$100.00? If so, then you could adopt a child. If you can all agree to do this yearly, until your child graduates from secondary school, then you have just made a difference in a child's life. If you belong to a bible study, sorority or fraternity, a book club or knitting club, consider adopting a child as a group. Please answer the call and make a difference in a child's life.

PLEASE HELP

MWANIKI WILLY

Mwaniki (age 12) has been at Machao Orphanage for a few years. He is currently in Grade 4, likes Kiswahili (his home language) and



says if given a chance to go to college, he would like to become a teacher.

You can share the load of sponsoring a child between family members, your colleagues at work, or among your alumni class. For \$1,200.00 a year, you would provide Mwaniki Willy with hope, with a vision, with a future.

You can be the difference in a child's life!

To sponsor Mwaniki or any of the remaining 38 children, call us at: 818.377.5120 or email us at: info@machaoorphanage.org

How it works:

Each sponsored child has a bank account here in the states as well as in Kenya. When fees are due for school, the money from your child's account is wired to their account in Kenya. Upon graduation from Form 4 or Grade 12, any left over monies in their account will be given to the student to assist with college or trade school. You, as the sponsor, can be proud of having given the gift of an education that many children in Kenya do not have.

Thank you and God bless you in advance for considering this life changing experience!

Be the Power of One!

LOVE - A - CHILD
PROJECT AND
THE POWER OF
ONE

\$1,200/YEAR
Covers education
Tuition and books

\$1,200/YEAR
Covers uniform

\$1,200/YEAR
Covers food/board

\$1,200/YEAR
Makes a difference
in a child's life

Long Term/Short Term Missions

MACHAO'S KIDS HELPING KIDS TEAM (AGES 14 - 17)

Machao's Kids Helping Kids Team was created in 2011 to allow the youth of America to use their talents to "speak up for those with NO voice." Empowering our youth NOW means change for today and tomorrow! If your student or child would be interested in helping the children of Machao, our next Kids Helping Kids Team will depart July - August, 2013.

Requirements: 3 Recommendations (2 from teachers, 1 from minister/pastor/rabbi/employer/family friend); Passport (with more than 1 year until expiration); Application; and Essay describing why they desire to join Machao's Kids Helping Kids Team and describing their special talent. Please submit materials describing your special talent (copies only - they will NOT be returned). Example: art work, writing samples, recording of playing an instrument or singing, etc.

Deadline: All materials are due September 10, 2012. Applicants will find out on September 21, 2012 whether they have been accepted as a team member or not. Those on the waiting list, will find out, after our first orientation in October 2012 whether they have made the team. Selected team members' parents/guardians must be in attendance at the first orientation otherwise they will lose their position.

PERSONAL TESTIMONY - ZOE MOBLEY

After a 22 hour plane flight on two planes, plus a 2 hour layover with next to no sleep, as you can imagine, I was wiped out. Nevertheless, my friend Amari, Dr. Rowley (Mom), and I finally met with all of the children from the orphanage! We piled all of our bags, the children, Mr. and Mrs. Mutunga, ourselves, and a few others onto a bus loaned from one of the local schools. We finally made it to our rooms in one of the town guest houses. Surprisingly, we couldn't go to sleep! We were on the other side of the world, and of course, we missed our parents (Amari's parents and my dad). We talked a little bit by flashlight, and then calmed down and went to sleep.

When we woke up in the morning, we roused ourselves out of bed, got dressed (we had to wear long skirts at least past the knees), and headed out. At Mutunga's compound, we ate breakfast and said hello to all of the animals (chickens, chicks, a few baby turkeys, and a dog with 5 puppies. I quickly fell in love with the puppies, of course. Unfortunately, a few days later, the mother dog died of meat poisoning, and the puppies were left orphans. Because of this, one of the things I devoted myself to doing every so often as was needed, was give each puppy a milk formula out of a baby bottle.

My absolute favorite experience was giving the children all of the things we had brought over, including the pillowcase-dresses we made at my school (Westridge School for Girls). Since a lot of the girls were taller, only the younger girls got to wear the pillowcase-dresses, but it turned out okay in the end because every child got at least two things! How wonderful is that! After about a week and a half, we took a four hour drive back to Nairobi, where we shopped, bargained, went to animal orphanages, a giraffe center that housed rare giraffes, and had a good time.

Donating to Machao, with either money or material donations, really makes a difference! If you are coming on the next trip to Machao in 2013 and you are present when the children receive the items, you will see how important it is to them. So donate!



Photos:

Immediate left: Zoe Mobley holding one of the orphaned puppies, August 2011

Immediate right: Zoe Mobley and Amari Gaiter, August 2011



FOOD

for the children of The Machao Orphanage



... a substance consumed to provide nutritional support for the body.

The right to food is a human right derived from the International Covenant on Economic, Social and Cultural Rights, which recognizes the right to an adequate standard of living, including adequate food, as well as the fundamental right to be free from hunger.

Through your previous donations, the children of MACHAO now have a place to live, clean water to drink, and electricity. They now need FOOD and sustainable existence.

Help us help them. Your donation will go towards the purchase of:

- chickens
- a greenhouse
- a cow
- seeds for planting fruit and vegetables

Your donation is needed by the end of May, 2012.

**MACHAO
ORPHANAGE
FOUNDATION**

**The MACHAO Orphanage Foundation
“Care Boxes” Volunteer Day**

Join us Saturday, April 28, 2012 to help sort and stuff care boxes for the children of MACHAO. We are still in need of the following items to be dropped off: toothbrush, toothpaste, bar soap, deodorant, toilet paper. Each “Care Box” will be stuffed with one of each item.

To sign up as a volunteer:

- 1) Email info@machaoorphanage.org. In the subject line, please write: *Volunteering for Machao Care Box*. Give us full names of all of the participants and your contact information. Example:
Betty Boop - your email address - your contact telephone number
- 2) Telephone Bella Aptekar at 818-377-5120

Any questions please feel free to contact us.

SAVE THE DATE

Date: Saturday, April 28, 2012
Time: 10 am - 4 pm
Location: 438 E. Harvard Road
 Burbank CA 91501



Light switch (first time)!

Phase 3: Completed Power To The Children Campaign

From our donors on giving ...

I'm so happy that I can contribute to something so simple, yet powerful and needed! E.C., Merced, CA

My life has been made brighter by knowing that children who are hungry to learn, are now able to do that with peace surrounding them. This accomplishment just puts a huge grin on my face, and in my spirit! I also want to thank the Machao staff for their compassion and vision for the future of the world. C.M., Los Angeles, CA

Each time I wash my hands or read a book at night, I pause, give thanks, and am renewed knowing that the children of Machao can do the same. F.L., Fontana, CA

We have great news! As of August 2011, the children of MACHAO have a source of power and light thanks to you, our donors. Now the children can see at night, which provides protection, and allows them to work on their educational pursuits. Thanks for being the difference in a child's life.

In terms of population and land mass, Africa is the second largest continent in the world, trailing only Asia. But, a majority of the billion people living on the continent survive every day with little to no access to electricity.

Phase IV: Agricultural Sustainability

"Give a man a fish and he eats for a day. Teach him how to fish and he eats for a lifetime."

This is the motto of our new campaign for 2011-2012. Food costs and for 40 children, that cost is a lot. In an effort to help the children have a sustainable future, provision for food was the first thing that came to mind. Currently, our goal is to make sure that every orphan receives at least one nutritious meal per day. With the Agricultural Sustainability campaign, and the children's ability to raise their own food, we believe that they will have at least two and perhaps three nutritious meals per day.

Be the difference in a child's life and help us help them become self-sufficient.

The right to food is a human right derived from the International Covenant on Economic, Social and Cultural Rights, which recognizes the right to an adequate standard of living, including adequate food, as well as the fundamental right to be free from hunger.

How Much?

The cost to sustain the children of MACHAO agriculturally is approximately: **\$11,000.00**

Help us help the children of The MACHAO Orphanage by making a donation.

Make your check out to: The MACHAO Orphanage Foundation (memo field to read: Food)

Mail your check to: P.O. Box 3856 • Glendale, CA 91221 • USA

Thank you!

Breakdown:

Greenhouse: \$2,386
Fence: \$5,700
Chickens (100): \$115
Chicken Shed: \$1,022
Chicken Feed: \$93/ea
Cow (2): \$681/ea

FUNdraising Events

Spotlight: Westridge School for Girls, Pasadena, CA Sixth Grade Service Learning Project

In February, 2011, the 6th grade team of teachers at Westridge School for Girls contacted us for their Service Learning project. They felt it would be a great opportunity for their Westridge girls to have a personal connection to a global organization. We made a presentation in the morning and the rest of the day was spent sewing dresses for the girls of MACHAO. In addition to the dresses, Mrs. Awad, the 6th Grade Math Teacher, was able to locate t-shirts for the boys of MACHAO to accompany the dresses. At the end of the day, the students had made two dresses for each of the girls at MACHAO along with a personal card attached to each dress. Children helping children - now that's a good idea. If you would like to host a fundraising event, contact us for more information: info@machaoorphanage.org or call 818 377 5120.

Spotlight: Cynthia Davis' "Dolls of Hope" Project

Cynthia Davis, is the director of the HIV education and outreach programs at Charles Drew University of Medicine and Science, and the Founder of the Dolls of Hope Project, which distributes handmade dolls to AIDS orphans around the world. For the second time, The Machao Orphanage Foundation was selected as the recipient of her Dolls of Hope, to be given to the recent addition of orphans at the orphanage. Ms. Davis can be reached at: cynthiadavis@cdrewu.edu

Spotlight: Your name or organization can appear here in 2012.

Contact us on the endless ways to FUNdraise. Be the difference in a child's life. Support the Machao Orphanage Foundation.



Girls of MACHAO receiving their pillowcase dresses, August 2011



Dolls of Hope, August 2011

The Machao Orphanage Foundation

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IN A CHILD'S LIFE

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