

The Machao Orphanage Foundation

N E W S L E T T E R

I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME. PHIL 4:13

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The Machao Orphanage Foundation
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"Walk Up California" Campaign

FUNDRAISING

On Monday, August 3, 2009 at sunrise, Dr. Carolyn Rowley, Founder of the Machao Orphanage Foundation would have began the "Walk Up California" campaign in an effort to raise the remaining funds to complete the new dormitory and to begin the clean water system project.

Though the new dormitory has been completed (see pages 4 and 5), unfortunately Dr. Rowley fell ill the night before the Walk Up California campaign and was hospitalized due to her sickle cell disease. As a result, The Walk Up California campaign has been temporarily postponed. Many thanks to Kathleen Helfrey for all of her hard work for the Walk Up California campaign. Monies collected so far went towards the completion of the new building. However, we still need money to begin the clean water project. See page 6 of this issue which reports on our partnership with Living Water International and Machao's Clean Water System Project.

Email: info@machaoorphanage.org, go to our website: <http://www.machaoorphanage.org> or call us at 818.377.5120 to sponsor a child, become a clean water system partner, or to give to some of the other programs taking place.

During these uncertain times, we are quite appreciative to those who continue to keep us in their minds and prayers as we continue our efforts to support the children at Machao Orphanage Foundation.

Important Information

We are a non-profit, 501c3 organization. Our parent name is Cayenne Wellness Center and Children's Foundation. If your organization would like to add The Machao Orphanage Foundation to their charitable list, please contact us at 818.377.5120 or via email at: info@machaoorphanage.org for more information.

Ways to help ...

- **Fund the Clean Water Project.** Write a cheque or money order to **The Machao Orphanage Foundation**. Mail cheque or money order to Attention: Dr. Carolyn Rowley • The Machao Orphanage Foundation • P.O. Box 3204 • Beverly Hills, CA 90212 • USA. In the memo field, please write 'water project'.
- **Pray** for the children, the matron and Pastor David who help take care of the children in the orphanage.
- **Become an educational sponsor.** Though Kenyan law was passed in the year 2000 that elementary education will be free and accessible, the orphan children will not be able to continue their schooling if there are no supporters. We are seeking individuals interested in sponsoring one child with his/her education through term 4 (US equivalent = 12th grade). Cost is \$1,200.00 US Dollars a year. For more information on how to sponsor a child's education, please feel free to contact Dr. Rowley via email at: carolyn@gilderfluke.com.

Letter from the Founder and President

Dear Friends,

What an interesting 2009 we've had. We truly hope and pray that all of you have had good health and pressing forward during these most uncertain times. The Machao Orphanage Foundation continues to press forward as many are cautious as it relates to how and where to spend their hard earned dollars. For those of you who were able to be steadfast in your gift giving, I and the children of Machao thank you. For those unsure if they could afford it, please make sure to read page 7 of our newsletter which highlights the creative ways people have kept Machao Orphanage as their charity of choice.



Dr. Rowley at Giraffe Manor in Nairobi, Kenya

On page 4 of this year's newsletter, Associate Pastor Mel Loucks, will discuss Emmanuel E.V. Free Church's first mission trip to Machao Orphanage. Lives were touched and changed as a result of the missionaries interaction with the children and the culture. We're hoping that another trip can be planned in the near future as we continue to FUNdraise for the clean water project. On page 5 Becca Groombridge, one of the team missionary members, gives a personal testimony of her experience.

This year's theme is FUNdraising - putting the 'fun' back into raising money. If you are thinking that \$50.00 is small potatoes, think again. EVERYTHING helps, truly. If you have children, please encourage them, or their school to start a recycle program (i.e., collecting cans or bottles) and the proceeds go to Machao. Bake sale, car wash, tea party, recycle programs or giving up your morning coffee for one week, one month or one year and donating those proceeds, add up. If you have a passion about something, turn that into a FUNdraising event. If you like to read and belong to a book club, have everyone commit to donating \$5.00 each at every get together. Find your passion and turn it into making a difference in a child's life.

For those of you have already given to the Water Project - thank you and we have good news for you. But you must check out page 6 of this newsletter to find out what that is.



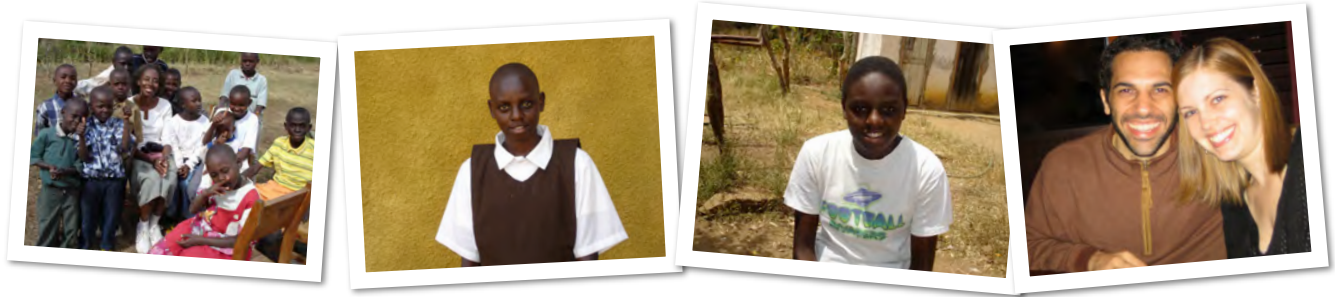
July 2009 (Artistic design created on the old orphanage building)

We want to encourage you to consider making a donation to either the clean water system project or becoming a Love-A-Child sponsor. Consider holding your own fundraising campaign - bake sale, garage sale, tea party, walk a thon ... the ideas are endless.

We are grateful for your continued interest in supporting our work and for your kind generosity that makes it possible. *On behalf of the children, we thank you for your generosity. It is greatly appreciated.*

Peace and blessings,

Dr. Carolyn Rowley, Founder



Sponsored Child/ Love-A-Child Supporter: Christine /The Rashaini Family

Once you have decided upon a child to adopt, we bring you annual updates with pictures and letters from your child. **Here's what the Rashaini Family has to say about their participation in the program:**

After hearing Dr. Carolyn Rowley speak at Emmanuel Church about the amazing things happening at the Machao Orphanage, we were inspired to learn more. We visited the Machao

Orphanage website and read about the work being done there and the incredible children who are growing up in a safe and nurturing place. The pictures of the kids melted our hearts! We were thrilled to discover that, through the Love-A-Child program, we could pledge to support a child's education for a number of years. In 2009 we were blessed to receive Christine into our lives and we look forward to watching her thrive over the next few years thanks to the loving and supportive environment at Machao.

LOVE - A - CHILD
PROJECT AND
THE POWER OF
ONE

\$1,200/YEAR
Covers education ::
Tuition and books

\$1,200/YEAR
Covers uniform

\$1,200/YEAR
Covers food/board

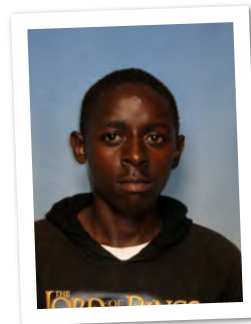
\$1,200/YEAR
Makes a difference
in a child's life

PLEASE HELP

There are now about 26 children at the orphanage and only two are being sponsored. We desperately need your help. The cost is \$1,200.00 per year till your child graduates from Form 4 (US Equivalent = Grade 12. If you have twelve friends and they each gave \$100.00, you all just adopted a child. If you all can agree to do this yearly, till your child graduates from secondary school, you have just made a difference in a child's life. If you belong to a sorority or fraternity, a book club or knitting club, consider adopting a child. Please answer the call and make a difference in a child's life.

PLEASE HELP

CHARLES MUTUA KYENGO



Charles is about to enter Form 1 and needs his tuition, fees, books and uniform paid for. He is also Christine's brother. Please help us help Charles continue his education by sponsoring him. His level of support would be between 4 to 5 years. At \$1,200.00 a year that is only \$4,800.00 to complete high school. Pretty low compared to school's in the United

States. Why, you couldn't even pay for one year of private school for that.

You can share the load of sponsoring a child between family members, sorority sisters or fraternity brothers or from your alumni class. For \$1,200.00 a year you would provide Charles with hope, with a vision, with a future.

You can be the difference in a child's life! To sponsor Charles, call us at: 818.377.5120 or email us at: carolyn@gilderfluke.com. Thank you!

Update: Economic times are real and we know that first hand. Two of our previous supporters have been unable to continue their support and so their adoptive child has no support. Help us help them by spreading the word about the Love-A-Child Program.

Long Term/Short Term Missions

EMMANUEL E.V. FREE CHURCH - BURBANK, CALIFORNIA (JULY, 2009)

Emmanuel E.V. Free Church, located in Burbank, California responded to the call to assist the children at Machao Orphanage. Mel Loucks, Associate Pastor, spearheaded the summer missions trip which took place July 11 - 25, 2009. Emmanuel's summer missions team was made up of eight high school students and thirteen adults. Their primary purpose was to spend time with the children at Machao. Though the orphaned children were only available from 3:30 - 6:30 pm, due to their still being in school, the missions team played games with the children and had a short Bible lesson. During the day, while the children were in school, the team of 21 were divided into two. A few stayed at the church compound and helped with washing clothes and preparing the meals. The rest of the team, about 12 to 15 each day, worked at the orphanage. They mixed cement and helped build the new wash rooms. Most, however, helped paint the orphanage buildings. Becca Groombridge (see her testimony on page 5), who is a graphic artist, painted a large logo and the word MACHAO on the side of the first/older orphanage building.

Other ministries the missions team were involved in included holding a meeting every night at the church with music, testimonies, and a message. Some of the young people even helped slaughter a goat for some of their meals. (Written by Associate Pastor Mel Loucks, Emmanuel Church, Burbank, CA)

The Machao Orphanage Foundation would like to thank the Emmanuel Church summer missions team for making a difference in the children's lives. The 21 team members were: Mel Loucks, Phil Hess, Dave Rutledge, Arlene Larson, Craig Larson, Becca Groombridge, Caitlin Bancroft, Heidi Parker, Jan Murphy, Shauna Murphy, Jared Kelly, Jatinder Sehmi, Jenna DeFelicis, Patti DeFelicis, Jenna Solis, Kai Wilson, Cynthia Wilson, Anders Wilson, Rick Lime and Taylor Letts.



PERSONAL TESTIMONY - BECCA GROOMBRIDGE

When our team from Emmanuel Church arrived at the airport in Nairobi we were greeted by what seemed like the entire town of Wote. The Mutunga family was there of course, but so were all the Bible college students and all of the joyful orphans of MACHAO. We were overwhelmed at this welcome well after 11 pm! The children rushed to help us with our luggage and we all piled in the bus for the 3 hour drive to Wote. Along the way we did our best to communicate with them and some of the little ones even fell asleep in the arms of some of the team members. We would not understand some of the hardships and the long journey that the children endure every day until the next day; the terrain that was difficult for us in the daytime, they navigated at

night. We were taken to our hotel which will forever make us thankful for the "comforts" we take for granted every day ... electricity, warm water, sleeping without a mosquito net, just to name a few. For the next ten days we would get to know the



Photos:

Top left: Becca Groombridge and Florence

Immediate left: The new washrooms

Immediate right: The new dormitory



PERSONAL TESTIMONY - BECCA GROOMBRIDGE (continued from page 4)

people who cooked our breakfasts and cleaned our rooms. We would see our sheets and towels hanging to dry right outside our doors. The donkeys that we would hear on cue at 11 pm every night would make us smile right in the middle of our journaling before we would drift off to sleep.

The team from Emmanuel was a diverse group of pastors, missionaries, adults and youth. We all went with the desire to love on the orphans and show them how much God cares for them. We were all truly amazed at how much they wanted to spend time with us, how they wanted to hug us, but when we hugged them, they almost didn't know how to. We were all given a picture of one of the children so we could befriend them and hopefully not leave anyone out. My little "brother's" name was Caleb. I found this very special since I have a 2 year old with the same name. Caleb loved to take pictures with our cameras (like most of the other children!) and enjoyed watching videos of my Kaleb and seeing pictures of my family. He was a very intelligent little boy and a really good soccer player!

The reason I went to Kenya, specifically to MACHAO was because God unmistakably told me to. It began a couple years ago when Dr. Mutunga came to speak at Emmanuel Church. As soon as he was done I leaned over to my husband Kirk and told him I wanted to go to MACHAO. This doesn't mean that I didn't pray about it and think long and hard about going. I was 33 years old, had two young children at home and all my responsibilities. And later our family would decide to move to Canada to be closer to grandparents which is a move that took place only 2 weeks upon returning to the states from Kenya. I even got to the point where I said, "It doesn't make sense, I can't go." However, the morning when we had to decide whether or not to commit to the mission trip, I felt without a doubt that I would be outright ignoring God if I didn't go.

Preparing the music and the VBS lessons all got us ready to reach out to the children once we arrived. We still didn't have solid plans for what our days would hold, but we anticipated amazing things. I knew God had laid this on my heart for a reason and I couldn't wait to find out what it was. Every day we had the chance to spend time with the children for a couple hours, playing with them, teaching them and hugging them. Every evening we worshiped with the students from the Bible College and got closer to them each night. One particular woman that I connected with is named Florence. I sat next to her and heard her beautiful harmonies and she would do her best to teach me the Swahili words to their songs. I would help teach her our songs as well and every night she would call me her "rafiki" which means "friend." We cried when we had to say goodbye and exchanged addresses. I pray that I will get to sing with Florence again one day. Each night we gave testimonies and in doing so learned more about each team member as well. One of the most fulfilling experiences of my trip personally was getting to know the youth from the church that I maybe hadn't crossed paths with before. They are wonderful young adults desiring to serve the Lord.

Once we were able to see what was needed we were able to get to work. We helped build the boys washroom and painted the interior of the new dormitories. The children were so excited to see their walls painted when they came home from school! The exteriors were painted as well and I had the great privilege of adding a mural to the outside of one of the dorms with the letters of MACHAO along with a tree as a symbol of the children and of Kenya. Now when the children walk home and can see their home from afar, they see the painted buildings and remember that there are people who came to visit them and who still love and pray for them. Those who didn't paint spent their mornings near the church cooking, doing laundry and getting to know the women so well. They even learned how to prepare cake without an oven to celebrate the birthdays of some of the youth on the trip.

We had no idea how much this trip would impact us or the orphans. We grew to love them so much. I can't put into words how difficult it was for us to leave Kenya and come back to our normal lives. I pray often for all the children and miss them terribly. I am forever changed because of obeying the call to go. I pray that I will be able to return to visit Kenya again, but even if that is not what I am called to I will always appreciate the time I had there. I would encourage anyone who feels the "nudge" to go, to really explore it and see if it's God's prompting. Even if it doesn't seem to make sense, it might be one of the best experiences waiting to happen. Circumstances have put them (the orphans of Machao) where they are, but we hope that by our coming to them we have shown them that they are loved and wanted and like it says under the mural on their dorm, they are truly "Children of the King!"



Phase 2:

Machao's Clean Water Project

We have great news! In 2008, Dr. Rowley contacted several water organizations that Machao would be able to partner with. In December, 2009 [Living Water International](#) (LWI)¹ agreed to Machao partnering with them. Living Water International is a phenomenal organization that has brought water to millions of children across the globe. Machao has officially been placed on LWI's calendar to drill for water towards the end of the second quarter, 2010. What does that mean? We need to raise the funds that LWI has estimated the drilling would cost - and fast!



How You Can Help?

FUNdraising. Have your network of friends become fans of Machao Orphanage on Facebook. Decide to give up a cup (of your java) for a cup (of clean water for children) for one month and donate what you would have spent to Machao. Collect one dollar from everyone at your child's school or a dollar from everyone at your church, or five dollars from everyone in your child's girl scout/boy scout troupe, soccer or swim team, or your sorority sisters/fraternity brothers and give those proceeds to Machao. Have a walk-a-thon, bake sale, car wash ... the ways are endless. Machao will have three months to come up with the funds.

How Much?

Living Water International has estimated the cost to run about **\$25,000.00**. Minus the amount we've already received from supporters (\$1,000.00), the balance comes to \$24,000.00. \$24,000 to raise in three months.

With the completion of the new dormitory building, and the influx of more children being admitted into the orphanage, the children's water needs are great and immediate. Help us help the children of Machao Orphanage by making a donation. Make your check out to: *The Machao Orphanage Foundation* (memo field to read: Water Project) and mail your check to: P.O. Box 3204 • Beverly Hills, CA 90212 • USA

Thank you!



¹ Living Water International exists to demonstrate the love of God by helping communities acquire desperately needed clean water, and experience "living water" - the gospel of Jesus Christ - which alone satisfies the deepest thirst.

FUNdraising Events

Spotlight: The Walden School

Do you like it when people just do and not ask? Well, we do. Oh, I suppose there is a time and place for that sort of thing, but not when it comes to fundraising. I was ecstatic when Jylani Brown, a teacher at The Walden School in Pasadena, CA informed me that her 1st/2nd grade class would be having a bake sale in May, 2009 and wanted to obtain a Machao DVD to show her class and the school. They received the DVD and Dr. Rowley was able to join in the FUNdraising taking place while the boys and girls where sharpening their retail skills. Way to go Jylani and her class for 'making a difference in a child's life' and just 'doing it'. By the way,, her class raised over \$300 for Machao. If you would like to 'just do it' (that is, host a fundraising event), contact us for more information: info@machaoorphanage.org or call 818 377 5120.

Spotlight: The Mountain Movers

Began by Frederik'a Lambert, The Mountain Movers was a call to this person's select few of friends, "individuals that I would have come to my bedside and pray for me if I were deathly ill". Ms. Lambert wanted to make a difference in all the children's lives and asked the select few to be a blessing to others, despite the tight and hard times at present. And they did. The Mountain Movers raised \$1,250.00 in 2009. Awesome.

Spotlight: The Toth's

Received a call from the Toth's that they had some money for Machao. Not sure how Machao received their email address, they decided not to delete the email and read on. Before reading to the end, they were in tears in moved to make a difference. Ms. Toth shared the email with friends and was able to raise \$650.00. Wow!

Your name or your organization's name could appear here in 2010. Contact us on the endless ways to FUNdraise.

Thank
You!



The Walden School - Bake Sale 2009



The Walden School - Receiving check 2009

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IN A CHILD'S LIFE

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